



## Is Your Life Like Pin the Tail on the Donkey?

### REMEMBER WHEN LIFE WAS LIFE SIMPLER?

For most of us, childhood held a lot of golden moments. Yeah, there was some rough stuff, too—maybe painful, life changing stuff, but today I’m thinking about the good times. Remember playing outside until dusk on those long summer days? . . . the luxury of curling up with a book ALL day without ever feeling guilty? . . . riding bikes and playing house? . . . going to birthday parties with cake and ice cream and silly party games?

### WAS THAT REALLY FUN?

OK, maybe you were like me and you didn’t really like those games. I especially didn’t enjoy pin the tail on the donkey.

It was fun to watch, but I didn’t like the feeling of being blindfolded and spun around. I didn’t like not knowing where I was going and it made me uncomfortable when all the other kids started laughing. Was I heading in the wrong direction? Was I trying to pin that dumb tail to something other than that donkey. I was clueless.

I find it interesting that I felt very much the same way every time my husband would have a slip and revisit his addiction. It was as if someone grabbed me, tied on that awful blindfold and spun me around a few times.

When I was back to steady on my feet, I still felt a bit—no, a LOT— lost. I couldn’t see where I was going, I wasn’t even sure which way to go to reach my goal. It paralyzed me a little, I was afraid of heading out in the wrong direction—scared that people would be critical of my choices. I just wanted someone to grab my elbow and nudge me in the right direction.



### WILL YOU LET ME DO THAT FOR YOU?

That’s why I created “*The Fast Track to Healing, Trust, and True Intimacy.*” I want other wives to have a clearer picture of the road that can help a deeply injured spouse feel a little less hopeless and a whole lot more empowered.

I introduced the “map” a while back, but if you didn’t get a copy yet, you can download it by clicking here:

**[YES, I WANT THE MAP!](#)**

In future posts, we’ll be talking more about the individual steps and objectives that have been proven to be helpful in taking your life back and finding a new sense of satisfaction and self-worth.

So . . . grab your copy of the map today and follow along as we continue on in this journey together.

***“Therefore encourage one another and build each other up.” — Thessalonians 5:11 (NIV)***

Watch for a label like the one below on many of our future materials. It will indicate the step and objective on the map that the resource you are reading most closely addresses or enhances.

Recommended for Fast Track Map	Acknowledging Its Effect
<b>STEP</b>	<b>PERSONAL AWARENESS</b>
<b>2</b>	<i>Realizing you’ve been wounded and need help, too</i>