

Support & healing for the spouses of those  
struggling with addictive sexual behaviors

# Partners on the Journey



*Even in our  
most difficult  
circumstances,  
God offers hope,  
healing and  
beauty to those  
who seek it.*

## Wives' Support Groups Two mornings or evenings a month

*Who would benefit from participating in a  
Partners on the Journey group?*

- Any woman who needs a safe place to talk about how their husband's sexual struggles are affecting them.
- Any woman who desires a deeper understanding of the hows and whys of sexual addiction.
- Any woman who sometimes feels frustrated, hopeless or alone in their situation.
- Any woman that needs help in understanding and finding healing for the damage that has been done in their own heart and life.
- Any woman who yearns for a deeper, more intimate, and more satisfying marital relationship.
- Any woman who wants to learn how best to support and encourage their loved one's recovery.

Presented by



**Life More Abundant  
Network**

## What about me? . . .

It is estimated that 30-40% of married Christian men struggle with some sort of sexual compulsion or addiction. Although recovery resources are slowly becoming more widely available for *them*, healing and support for the spouses and loved ones that have been deeply wounded by their struggle is often difficult to find.

*"Partners"* is a biblically-based program addressing the three key needs of these women:

- support and encouragement
- education
- personal healing.

If your husband's sexual behaviors have turned your life upside down, whether you're still together or not, we invite you to join a *Partners on the Journey* small group. Facilitated by someone who has experienced the very same things you're experiencing, these groups address the very private issues relating to sexual addiction, honestly, directly and confidentially.

### WHEN?

Our spouse's groups normally meet twice a month. Morning groups meet from 10 am-noon; evening groups from 7-9 pm.

**New participants can join any time. Call or e-mail (numbers below) for details on current groups.**

### WHERE?

For confidentiality reasons, the Bellingham location and group schedule is only disclosed upon registration.

### COST?

\$20 per session. If paying by check, it should be made payable to "Life More Abundant Network" or "LMA"

We will also be using two workbooks:

- "The Genesis Process Change Group Book"
- "When Sex Causes Heartbreak Version 1"

If you do not already own them, they will be available for purchase at your first session—\$25 for the two books.

### ANYTHING ELSE I NEED TO KNOW?

A small amount of homework will need to be done outside the group between sessions. Participants who are able to genuinely invest themselves in the exercises will find that the benefit they receive will increase exponentially.

For more information  
please contact Janet Wheeler

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